Kelly Albers, PT, OCS, COMT, ATC
Kelly Albers received her Bachelor of Science in Education with a specialty in athletic training from Iowa State University and her Bachelor of Science in physical therapy from Northwestern University. She has spent her career studying and treating orthopedic and sports related injuries. She received her APTA board orthopedic clinical specialist certification (OCS) in 2003 and became a certified orthopedic manual therapist (COMT) through the International Academy of Orthopedic Medicine in 2002. She is currently a student in the Doctorate of Science Physical Therapy program at Texas Tech University.

Karen Backstrom, PT, MS, DPT, OCS
Karen has been a physical therapist for over 30 years. Since graduating from University of Colorado’s school of Physical Therapy, she worked overseas in Thailand with the Peace Corps and returned to get a Master’s degree in Orthopedic Physical Therapy from the University of Pittsburgh. She became a board certified Orthopedic Clinical Specialist in 1994, and earned her Doctorate in Physical Therapy from Regis University in 2009. Her career includes 20 years on the physical therapy faculty at the University of Pittsburgh and the University of Colorado. Karen enjoys the balance of patient treatment, education, and program development that her current position as Rehabilitation Educator provides. Outside of the clinic, Karen can be found outside in the Frazer Valley with her family or listening to live music.

Rebecca Barrett, PT, DPT
Becky is a recent graduate of Regis University’s Doctor of Physical Therapy program and enjoys treating a wide array of patients with orthopedic conditions. She is also passionate about treating patients, both women and men, for conditions related to pelvic floor physical therapy. She is always excited to incorporate new techniques learned from continuing education in order to personalize her patients’ progress and PT experience. Becky utilizes manual therapy, therapeutic exercise, and patient education to help her patients reach their individual goals. Born and raised in Michigan, Becky attended the University of Michigan, Ann Arbor for her undergraduate education. In addition to being an avid Michigan sports fan, she enjoys spending time skiing, hiking, rock climbing, experimenting with gluten free cooking & baking, going to concerts, and spending time with family.
**Kyle Blanchard, PT, DPT**

Kyle has been a physical therapist since 2008. He graduated from Thomas Jefferson University in Philadelphia. He spent the first 6 years of his career working for a hospital based outpatient clinic in San Francisco before moving to Denver. He enjoys treating patients with neurologic conditions such as stroke, brain injury, disturbance of gait, and impairments of balance. In addition, he has an interest in orthopedic conditions of the foot and ankle, shoulder, and spine. Kyle works in the acute care setting one day a week in addition to working for outpatient at UCH. Outside of work Kyle enjoys adventures in hiking, biking, snowshoeing, camping, and traveling.

**Lee Bernhardt, PT, DPT**

Lee graduated from the University of Colorado at Boulder in 2007 with a B.A. degree in Integrative Physiology. He received his doctorate degree in Physical Therapy form the University of Colorado at Denver in 2013. Lee especially enjoys treating individuals with neurologic conditions, vestibular conditions, individuals with amputations, as well as treating and instructing one on one and group exercise aquatics. He is a certified Tai Chi Moving for Better Balance instructor as well as a certified Parkinson's Wellness and Recovery (PWR!) exercise instructor. When not at work, Lee enjoys teaching martial arts, hiking, drawing, and learning foreign languages.

**Joseph Burgess, PT Technician**

Raised on the western slope of Colorado in Rifle. Born in Flint, Michigan. Attended college in Abilene, Texas at McMurry University and studied Exercise Science and Human Performance. Background in coaching, track, football, and rugby.

**Renee Cherry, PT Technician**

Renee Cherry is originally from Kalamazoo, Michigan. She graduated with honors from Michigan State University consecutively earning dual degrees, one in Kinesiology and another in Parks and Recreation, with emphasis in exercise, disabilities, and community integration. In 2006 she obtained her Egoscue and Patch Fitness certifications in San Diego, CA. Currently Renee is the Peer Leader for the Bariatric Team and a part of the Health Fitness Program. She has a passion to help people live without pain and believes it is important to recognize that the human body has a great ability to heal and revive. Outside of UCH you can find Renee enjoying the many adventures Colorado has to offer.
Catherine Cleary, PT, DPT
Catherine has been a full-time physical therapist since 1991 when she graduated from the University of Colorado Health Sciences Center. She earned her Doctorate Degree (DPT) from Regis University in 2013. She completed Level 1 and Level 2 Trigger Point Dry Needling certification in 2014.

Catherine has been a Senior Physical Therapist at University of Colorado Hospital since 1998, and enjoys treating the whole person, especially spine disorders and shoulder dysfunctions, with a focus on manual therapy and individualized exercise prescriptions. When not working or studying, Catherine enjoys hiking, snowshoeing, gardening, and climbing an occasional 14,000 foot peak.

Iris Devlin, PT Technician
Iris Devlin is originally from Germany and moved to Colorado five years ago. She graduated from the University of Munich in 2010 and holds a Master of Science in Sports Sciences/Exercise Physiology. After living in Winter Park, CO, and working as a certified Snowboard Instructor for four seasons, she moved to the Front Range and continued to pursue her career in the Health and Fitness field by obtaining the Exercise Physiologist certification through the American College of Sports Medicine. Iris started at the University of Colorado Hospital as a Rehab Therapy Tech in 2014. Outside of work she enjoys travelling, snowboarding and riding her motorcycle.

John Fleck, PT, DPT
John grew up in Arlington, VA and has been working for UCH since 2013. He graduated with a Doctorate in Physical Therapy from Duke University in 2012. John works as an acute care therapist at University Hospital as well as the AOP clinic. Clinical interests include treating orthopedic conditions for all ages, sports medicine, and treatment of vestibular and balance disorders. Outside of work he enjoys outdoor activities, spending time with family, and watching sports.

Benjamin Fordahl, PT, DPT
Ben graduated from the University of Colorado in 2012 with a Doctor of Physical Therapy (DPT) degree. He has been working at the University of Colorado Hospital since graduation with a brief stint in private practice orthopedics. He has worked in both the inpatient and outpatient settings at the University of Colorado and is currently splitting his time between the two. Ben has multiple interests in the field of physical therapy, but his greatest is orthopedics. When not in clinic, you can find him outside participating in various activities such as hiking, fishing, bird hunting, or snowboarding.
Jeffrey Hebert, PhD, PT

Jeff has been an integral part of the University of Colorado Hospital – Multiple Sclerosis Center and the Rocky Mountain Multiple Sclerosis Center at the Anschutz Medical Campus for over 13 years, providing specialized clinical care for patients with multiple sclerosis (MS). His clinical practice provides insight into the current problems experienced by patients with MS with a wide range of disability levels. In clinic, Jeff applies current, evidence-based practice, providing further practical knowledge of the effectiveness of treatment approaches proposed in the literature. In the classroom, Jeff is the director of the Scientific Inquiry (evidence-based practice) courses for the Physical Therapy Program. He is an Assistant Professor for the Department of Physical Medicine and Rehabilitation, Physical Therapy Program and the Department of Neurology at the University of Colorado Anschutz Medical Campus.

His research interests include the investigation into the causes, management and treatment of fatigue and mobility limitations in patients with MS. Jeff researches the effectiveness of treatments for the most common signs and symptoms in the MS population. Jeff uses rehabilitation-based treatment strategies such as vestibular rehabilitation, aerobic and strength training for the treatment of impairments in self-reported fatigue, upright postural control, physical activity and muscle function.

Sharon Jordan, MA, PT

Sharon is a Senior Instructor for the Physical Therapy Program at CU School of Medicine, as well as a Physical Therapist at the Anschutz Outpatient Physical Therapy clinic. She earned her B.S. in Physical Therapy at State University of New York in 1972 and her M.A. in Anthropology at CU in Denver in 1990. Sharon has produced several peer-reviewed articles and presentations, including the following:


Jordan S, Valvano J. Strategies for teaching a key component of a patient transfer technique to physical therapy students [poster]. Annual Conference, APTA. Denver, CO; June 2007.

Christine Kittles, MSPT

Christine was born in the Republic of Panama and grew up in Panama and East Troy, Wisconsin. She received her Bachelor of Sciences at the University of Wisconsin in Madison in 2001 in Kinesiology and Spanish. Christine then continued her education graduating in 2004 from University of Colorado with her Master’s in Physical Therapy.

Christine holds a unique certification in Pilates from Polestar Pilates which she received in 2007. She enjoys treating women’s health, pelvic pain, spine, general orthopedic disorders, and sports-related injuries. Running, hiking, soccer and pilates are some things Christine enjoys to stay active. She also loves to travel and spend time with close friends, family and most importantly her husband, children and dogs.
**Geoffrey Klein, PT, DPT, OCS**

Geoff has been a physical therapist since 1998 and has spent his entire career treating orthopedic disorders. Geoff graduated from physical therapy school at Northwestern University in 1997. He completed an orthopedic residency at the University of Wisconsin Hospital in Madison and became board-certified in orthopedics (OCS) in 2006 through the American Board of Physical Therapy Specialties. Geoff spent most of his career in Chicago and Madison before moving to Denver in 2008; he graduated from Regis University's transitional doctorate program (t-DPT) in 2010. Geoff enjoys treating spinal and knee disorders, as well as clinical teaching. He also enjoys spending time with his wife and two young children nearby in Stapleton.

**Guy Lev, PT, DPT, COMT SUPERVISOR**

Guy Lev was born in Israel, lived in Canada, and for the better part of his life, lived near Boston where he received his Bachelor’s degree from the University of Massachusetts in Political Science and Economics. Guy moved to Vail, Colorado in 1998 to teach adaptive skiing and snowboarding. He returned to academia in 2003 and earned his Doctorate of Physical Therapy at the University of Colorado Health Sciences Center in 2006.

Since then Guy has practiced in the field of sports medicine in the Vail valley, at a public rehabilitation hospital in Oakland, California, and for 6 months, setting up a pediatric rehabilitation program in Kampala, Uganda. He is a Maitland trained certified orthopedic manual therapist whose interests include international health and rehabilitation following amputation. Guy is also certified in intramuscular manual therapy, also known as trigger point dry needling. Guy is the supervisor of UCH’s physical therapy department at the Anschutz Outpatient Pavilion. He continues to harvest as much powder as he can in the winter, and enjoy all that the mountains have to offer in the summers.

**Emily Matthews, PT, DPT**

Emily graduated from UC Denver’s physical therapy program with her DPT in May, 2015 and joined the UC Health team in July, 2015. She particularly enjoys working with patients with orthopedic and neurologic conditions to guide return to activities and help maintain independence. Outside of the clinic, Emily fills her time traveling, enjoying the Colorado mountains, and attempting to play hockey.
Jason Minahan, MSPT
Jason earned his Bachelor’s degree in Physiology from the University of Wyoming in 2003 and his Master’s in Physical Therapy from the University of Colorado in 2005. Jason has experience treating patients with spinal dysfunction, sports related injuries and post-surgical conditions. He creates custom engineered orthotics (shoe inserts) to treat a multitude of foot and posture disorders.

Jane Ott, PT, DPT, NCS
Jane (Renner) Ott earned her Doctorate of Physical Therapy at Creighton University in 2008 and is a Board Certified Neurological Specialist. She has worked as a neurological PT at University of Colorado Hospital for over 6.5 years and has a passion for treating patients with movement disorders, including Parkinson’s disease. Jane works with several multi-disciplinary teams at UCH including the Movement Disorders Clinic and the Deep Brain Stimulation Clinic. Jane is a certified Parkinson’s Wellness Recovery Clinician and co-instructs with PWR! Moves exercise class.

Renee Peter, PT, DPT, ATC
Renee Peter graduated from Fort Lewis College with a degree in Exercise Science and served as a Certified Athletic Trainer at Grandview High School for 3 years prior to attending PT school. Renee earned her Doctorate Degree in Physical Therapy from the University of Colorado in 2010. She enjoys treating patients with both musculoskeletal and neuromuscular conditions. In the past year, she contributed to developing and improving various multi-disciplinary clinics within the Neurology and Oncology departments of University of Colorado Health. When she’s not in the clinic, Renee loves to hang out with friends and family and sing at her church. If she has a weekend to spare, she’s headed to the mountains to hit the slopes!

Marisa Peyerl, PT, DPT
Marisa Peyerl grew up in Albuquerque, NM and went to the University of New Mexico for her undergraduate degree in biology. She moved to Boston in 1999 and attended the Massachusetts General Hospital Institute of Health Professions where she earned a doctorate in physical therapy. She moved to Denver in 2004 and worked in a small private practice before coming to University of Colorado Hospital in 2006. Marisa especially enjoys treating individuals with spine disorders and chronic pain. When she is not in the clinic, she enjoys spending time with her husband and two sons, and playing outside.
Ronney Rodriguez, PTA
Ronney Rodriguez is a Colorado native. He went to Arapahoe Community College and received his Associates of Arts degree in Physical Therapy Assistant in 1991. He also attended Massage Therapy Institute of Colorado and received his massage therapy certification in 2000. Most of his experience is with acute and chronic patients with musculoskeletal conditions. He works with patients in the pool and on land, with mobility, gait training, modalities and soft tissue mobilization. Ronney also has some experience with high level neurological and geriatric patients and wound care. Ronney enjoys reading, exercise, hiking, camping and spending time with his family.

Ann Valentine, PT, DPT, NCS
Ann Valentine is Neurologic Specialist Physical Therapist at the Anschutz Outpatient Rehabilitation Center. Ann grew up in San Luis Obispo, CA and attended the University of California, Davis where she received her BA in Exercise Biology. She earned her Doctor of Physical Therapy Degree from Northwestern University in 2008 and worked for two years at a Level 1 Trauma Center as the lead trauma inpatient physical therapist at the University of California, San Diego. In 2011, Ann moved to Houston, TX to complete a Neurologic Physical Therapy Residency at TIRR Memorial Hermann. Ann became a board certified Neurologic Clinical Specialist (NCS) in 2012 and joined the UCH family at this time. Ann’s hobbies include: spending time with family, cooking, hiking, running, and gardening.