

Regina Fink, RN, PhD, AOCN, FAAN; regina.fink@ucdenver.edu
Associate Professor, University of Colorado College of Nursing at the Anschutz Medical Campus
Aurora, Colorado

Regina Fink, RN, PhD, AOCN, FAAN is an Associate Professor, Adjoint Faculty at the University of Colorado College of Nursing where she teaches palliative care classes to Master's nursing students. A national and international lecturer on pain, palliative care, and EBP with multiple publications, she has focused her 38 year career on caring for persons with cancer and pain.

Her research endeavors include the development and testing of an instrument (Casey-Fink Graduate Nurse Experience) to measure the graduate nurse transition into clinical practice which is now being used by the University Health System Consortium and the American Association of Colleges of Nursing in their extensive research to develop a national nurse residency program. While employed at the University of Colorado Hospital Authority and in collaboration with Kathy Casey, RN, MSN, Dr. Fink also developed an instrument to measure readiness for practice (Casey-Fink Readiness for Practice Survey) and nurse retention (Revised Casey-Fink Nurse Retention Survey). Previous research includes being a co-investigator on an NIH grant on Palliative Care, where she integrated palliative care and pain management content into the curricula of nursing and medical schools. She was a co-investigator on an AHRQ grant, *Improving Pain Management in Nursing Homes*, where she was responsible for developing and implementing the educational and behavioral interventions in 12 Colorado nursing homes. She participated in the nursing home site visits, coordinated the internal pain teams, conducted pain rounds, and consultations. Dr. Fink analyzed medication orders and pain medication administration in the residents. She conducted a palliative care needs assessment of rural Rocky Mountain hospitals. She was a co-investigator on an AHRQ grant providing web-based education on EBP for rural hospital nurses, and has collaborated with multiple physicians on research related to palliative care, patient navigation, CA-UTI, heart failure, pain perceptions at the end-of-life. Currently she is a co-investigator on an American Cancer Society Funded grant, "Apoyo con Carino: Patient Navigation to Improve Palliative Care for Latinos with Advanced Cancer."

Other clinical innovations have included the development of a nationally distributed pain assessment guide (WILDA), equianalgesic reference card, and pain assessment DVD to hospitals, hospices, and home care agency staff. She has specific expertise in key research areas including pain assessment and management, structural equation modeling, qualitative, and quantitative analysis. She has conducted qualitative and focus group interviewing, survey research, and secondary data analysis on pain. She has successfully administered research projects, collaborated with other researchers, and produced greater than 50 peer-reviewed journal articles, 20+ book chapters, and 5 books. She has been a peer reviewer for a number of journals (*Nursing Research, Geriatric Nursing, the Journal of Hospitalists, Journal of Palliative Medicine*). She is a member of the Oncology Nursing Society, American Pain Society, American Nurses' Association, Colorado Nurses' Association, Hospice and Palliative Nursing Association, and is a Fellow in the American Academy of Nursing. She is an advanced oncology certified nurse and a past recipient of the Colorado Florence Nightingale Award in 1995. She has a BS in Nursing from Villanova University, Villanova, PA, and a Master of Science and PhD in Nursing from the University of Colorado, School of Nursing.