

Watch for Mindful Menu Solutions...

Hours

Monday - Sunday 7am - 7pm

> Breakfast 7am - 10am

> Lunch 11am - 2pm

Dinner 4pm - 7pm

Manager Matthew Wallwork 720-718-1511



Vegan



Vegetarian



Mindful

Longs Peak Cafe

Monday

Breakfast: Sausage, Pepper & Potato Hash

Entree: Turkey Tetrazzini

Zucchini Strata W Wild Rice Pilaf C

Side Dish: Wild Rice Pilaf Wild Rice Pilaf W
Sauteed Spinach in Olive Oil with Garlic W

California Mixed Vegetables WC

Tuesday

Entree: Chicken Fajitas

Sausage with Peppers & Onions

Corn O'Brien <a>™© Mexican Rice <a>™©

Wednesday

Breakfast: Farmers Egg Skillet

Entree: Beef, Macaroni & Tomatoes

Chicken Piccata with Angel Hair

Side Dish: Green Beans Amandine 65

Italian Mixed Vegetables MCO
Roasted Sweet Potatoes MCO

Thursday

Bread: Irish Soda Bread ☑ Entree: Huevos Rancheros ☑

Farmer's Pot Roast with Veggies

Bacon Wrapped Pork Loin

Side Dish: Sauteed Quinoa & Kale V

Glazed Fresh Baby Carrots & Raisins <a>O

Friday

Breakfast: Westenr Frittata Sandwich

Soup: White Bean Chicken Chili (Mindful) 🐸

Beef Barley Soup 🥗

Entree: Alfredo Pasta Bowl & Balsamic Chicken

Salmon with Asian Cucumber Relish

Side Dish: Fried Rice

Saturday

Grill Available

Sunday

Grill Available