



# UNIVERSITY of COLORADO HEALTH

## Welcome

Welcome to Occupational Health, a service of Colorado Health Medical Group. We offer a variety of services for patients who are experiencing work-related health needs, including injury management, diagnostic services, employment physicals, drug and alcohol screenings, physical, occupational, and massage therapy, preventive services and more. As the premier, award winning healthcare provider in Colorado and Wyoming, your recovery is our top priority.

Our goal is to minimize the course of your work-related injury through focused, thorough care, allowing you to return to your preinjury state and get on with your work and life as soon as possible.

## Our physicians and staff

Because CHMG Occupational Health is committed to providing world-class care, we have a board-certified physician at each location. Being board certified means our doctors have completed extra training in occupational medicine beyond medical school and have passed certification examinations to prove proficiency in this specialty. In short, board certified means you are getting the best care available.

We have six providers on staff to serve you. In addition, we employ therapists who help accelerate your recovery by offering physical and occupational therapy. Finally, registered nurses and nurse practitioners help guide your journey through a workers' compensation injury.

## Designated medical provider

We are your workers' comp "designated medical provider." It is our responsibility to provide ongoing, up-to-date communications between you, your employer and your medical providers to ensure procedures and treatment plans are completed in a timely, effective manner. It is our job to play a neutral role in regards to your claim, and communicate with you, your employer and insurer regarding your injury and your ability to work.

## Need-to-know facts about workers' compensation

Here are a few items you should know about your workers' comp treatment:

- Workers' compensation insurance may not cover unauthorized visits or services without a referral. Our doctors can provide referrals to other providers when deemed medically necessary.
- We will coordinate your care until your injury reaches its "maximum medical improvement" (MMI) level. MMI means that your injury or condition has become stable and that no further treatment will improve the condition.
- At the end of every visit you will receive a "physician work status report." The report tells you about physical limitations you should consider on the job and at home. You will receive two copies of the report—one for you and one for your employer. The report helps you and your employer decide when it's best for you to return to work. For your own sake, it's beneficial to return to work as soon as medically possible. Until you are fully recovered, discuss workplace limitations or "modified duties" with your employer.

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### Occupational Health

Cheyenne Clinic  
5050 Powerhouse Road  
Cheyenne, WY 82009

Fort Collins Clinic  
4674 Snow Mesa Drive, Suite 200  
Fort Collins, CO 80528

Greeley Clinic  
1900 16th St.  
Greeley, CO 80631

Loveland Clinic  
2500 Rocky Mountain Ave., Suite 330  
Loveland, CO 80538



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## Our Occupational Health locations

We have offices throughout northern Colorado, and in Cheyenne, Wyoming. Our main clinics provide care by appointment. We also offer walk in, urgent and emergency care.

### Main clinics

#### **Fort Collins**

4674 Snow Mesa Drive, Suite 200, Fort Collins, CO 80528, 970.495.8450, Fax: 970.297.6599. Hours: Workers' Comp: Monday – Friday, 8 a.m. to 5 p.m. by appointment. Walk-ins are welcome Monday – Friday, 8 a.m. to 5 p.m. Drug screens: Monday – Friday, 8 a.m. to 5 p.m.

#### **Loveland**

Medical Center of the Rockies, South Medical Office Building, 2500 Rocky Mountain Ave., Suite 330, Loveland, CO 80538, 970.624.3350, Fax: 970.297.6599. Hours: Workers' Comp: Monday – Friday, 8 a.m. to 5 p.m. for appointments and walk-ins. Drug screens: Monday – Friday, 8 a.m. to 5 p.m.

#### **Greeley**

Greeley Medical Center, 1900 16th St., Greeley, CO 80631, 970.350.2471, Fax: 970.297.6599 Hours: Workers' Comp: Monday – Friday 7 a.m. to 5 p.m., Preemployment Drug Screens: Monday – Friday, 7 a.m. to 11:45 a.m., 1 to 3:45 p.m. Random/post-accident/reasonable suspicion: Monday – Friday, 7 a.m. to 5 p.m.

#### **Cheyenne**

Cheyenne Medical Specialists, 5050 Powderhouse Road, Cheyenne, WY 82009, 307.634.1311, ext. 153, Fax: 307.432.7546. Hours: Worker's Comp: Monday – Friday, 8 a.m. to 5 p.m.

### Reminders

- Keep all appointments. If you can't make an appointment, call at least a day ahead to reschedule.
- Ask when you don't understand your diagnosis, treatment plan, limitations or return-to-work options.
- Immediately after each CHMG Occupational Health visit, give your employer a copy of your physician's work status report.
- Contact your claims adjuster with any questions regarding your workers' compensation benefits.
- Wear comfortable clothing and avoid perfume and cologne when you have therapy (rehab) appointments.

*Thank you for trusting us with your occupational health needs.*

**For more information: 970.495.8450**

### After-hours care

#### **Urgent Care**

*Harmony Urgent Care – Fort Collins*  
2127 E. Harmony Road, Fort Collins, CO 80528, 970.297.6250. Hours: Daily, 8 a.m. to 7 p.m.

*Family Medicine Center Walk-In Clinic – Fort Collins*  
1025 Pennock Place, Suite 121, 970.495.8980. Hours: Monday – Friday, 8 a.m. to 7 p.m., Saturday and Sunday, 9 a.m. to 4 p.m.

#### **Loveland Urgent Care**

3850 N. Grant Ave., Suite 200, 970.624.5150. Hours: Monday – Friday, 8 a.m. to 6 p.m., Saturday, 9 a.m. to 5 p.m., Sunday, 9 a.m. to 3 p.m.

#### **Greeley Urgent Care**

1900 16th St., 970.350.2454. Hours: Monday – Saturday, 7 a.m. to 7 p.m., Sunday, 10 a.m. to 5 p.m.

#### **Emergency Care**

Provided at University of Colorado Health hospitals: Medical Center of the Rockies in Loveland and Poudre Valley Hospital in Fort Collins and in Greeley at the Greeley Emergency and Surgery Center.

We have additional clinics in other areas. Please contact us for further information.

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