

If you are seriously ill, you should know that Poudre Valley Hospital has a special program to help you...

We never know when our lives may be turned upside down by a serious or life threatening illness. Everything changes. We can't control this, but we can control the decisions that follow. These decisions will be some of the most challenging in life. Having a team of experts to help you navigate through this life-changing time is critical.

At Poudre Valley Hospital, it's essential that our patients and their families have the information needed to make important decision about their health care. That's why we have a team of specially trained health care professionals who make up the palliative care consult service, which includes a board certified physician, an advanced practice nurse, chaplain and volunteers.

Our goal is to help you maintain control and dignity, relieve suffering and enhance the quality of life through all phases of your illness. Our palliative care specialists at Poudre Valley Hospital are among the best in the field.

You can help to improve care for more families.

Contributions to the PVH and MCR Foundation help our hospitals provide exceptional care for patients and their families in our community. Donations can be made in honor or memory of someone special to you.

To make a tax-deductible contribution to the Palliative Care Fund or to another hospital initiative of your choice:

- Visit pvhandmcr.thankyou4caring.org.
- Call 970.237.7400.
- Or, mail your check to:
PVH and MCR Foundation
2315 E. Harmony Road, Suite 200
Fort Collins, CO 80528
(please indicate your gift designation in the subject line)

If you do not wish to be contacted for fundraising efforts, please notify the PVH and MCR Foundation at 970.237.7400.

Palliative care



Improving the lives of patients and families facing serious illness.

Here's what you should know.



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What is palliative care?

Palliative care (pronounced pal-lee-uh-tiv) is the medical specialty focused on relief of pain, stress and other debilitating symptoms of serious illness. The goal is to improve quality of life for you and your family. Palliative care is appropriate at any point in your illness and can be provided at the same time as curative treatment.

The palliative care team helps guide you through the emotional roller coaster that comes with serious illness and provides an extra layer of support. Our palliative care experts spend the time needed to understand your wishes and values. Treatment plans are matched to your values and goals.

What services are available?

The specific combination of services provided depends on your needs. These include:

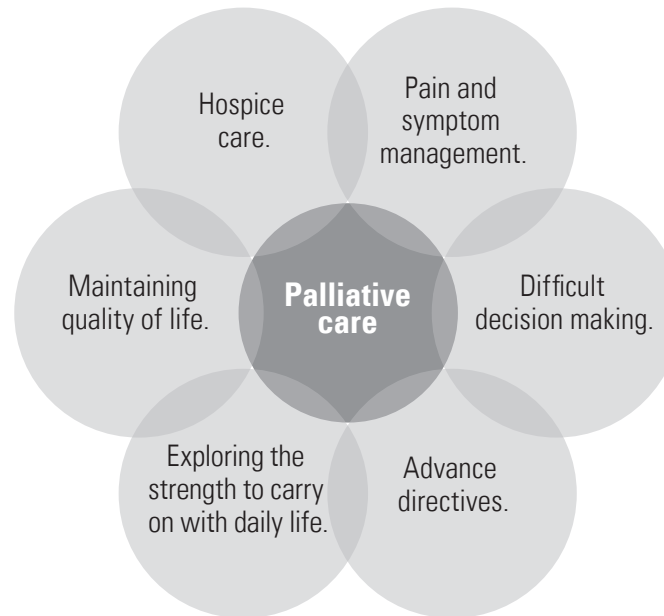
- Expert treatment of pain and other symptoms.
- Maintaining hope.
- Emotional and spiritual support.
- Better understanding of your condition and choices for medical care.
- Enriching communication between you, your family and health care providers.
- Guidance with difficult treatment choices.
- Knowing what care services are available after leaving the hospital.

When is the right time for palliative care?

It's never too early to receive palliative care. It helps at any stage of an illness and can be delivered at the same time as curative therapies.

Is palliative care the same as hospice care?

No. Hospice care is meant specifically for those approaching the final months of life, while palliative care is appropriate for any stage of a serious illness. Hospice care may take place in your home or other setting. If or when hospice care is desired, the palliative team can assist with this transition.



How can patients receive services?

Getting palliative care is easy and is available to hospitalized patients. You can request a referral by talking to your attending doctor. The palliative care team works with your attending doctor who continues to direct your care.

Where can I get more information?

Contact the palliative care team at 970.495.8369. We welcome your questions.

To find out more about palliative care in general, visit getpalliativecare.org

